

# Understanding Adverse Childhood Experiences

## Course Overview

Children and young people are amongst the most vulnerable in our society when it comes to the impact of adverse circumstances on their lives. Adverse childhood experience can have impacts on the development and mental health of children and young people that may persist into adulthood and have an effect on their lives, opportunities, and chances. These might be personal circumstances such as the death or divorce of parents or domestic violence, for example, or national and international disasters, including the impact of Covid 19.

## What you will learn

Children and young people affected by such events need support to strengthen their resilience and empower them to overcome their fears and the challenges they face. The following areas will be covered whilst studying this course: - Exploring childhood and family structures - Introduction to adverse childhood experiences - Developing strategies to improve outcomes for children affected by adverse childhood experiences

## Entry Requirements

The level 2 distance learning courses are fully funded. The only criteria you need to meet is that you are over 19 years old, have lived in the EU for the past 3 years, and currently live in England.

## How you will be assessed

This is a paper-based course. You will receive your learning materials via post. This consists of one workbook and a textbook to support your learning. You can send your completed workbook by email or post your work to the Distance Learning Team.

## Course Progression

We have a huge choice of distance learning courses available at both level 2 and 3. At the end of your course your tutor may suggest a suitable option for you or you can contact the distance learning team to advise you on the courses available. We also have a careers team available via phone email or in person who can help to plan a career pathway for you.

## What Happens Next

Apply online via the College website. You will then be invited to enrol for your chosen course of study. You can apply at any point throughout the year and start the course when you like.

## Course Details

**Course Code** P00090

**Start Date** Various

**Study Hours** Part Time

**Duration** Various

**Campus** DISTANCE

**Level** 2

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