Leicester College

Health and Social Care BTEC National Foundation Diploma Level 3

Course Overview

This course is very popular. Any applications received now for September 2024 starts will be placed on a waiting list. If you need advice and guidance you can contact our independent careers team. This is a one year course which provides high-quality preparation for progression on to either an apprenticeship or for those who wish to top up their UCAS points. This qualification is equivalent to 1.5 A-levels and could also be combined with other level 3 study or A levels already achieved for progression to higher Education. The course is designed to incorporate skills such as teamwork and good communication combined with experience of research, extended writing and meeting deadlines. For this course, you are required to complete a mandatory work placement at a relevant organisation. A Disclosure and Barring Service (DBS) check will be required. If you are aged 16 to 18, you will be enrolled on a study programme. This will include retaking GCSEs or undertaking Functional Skills in maths if you haven't already achieved a grade 4 or above. You will take part in activities that help you to develop your personal skills, such as building your character and confidence. This will help you to live well and move into your chosen career. If you are 16-19 years old these activities will be timetabled as will work experience and placement. You can also choose to take part in other activities. For other age groups, activities will be tailored to your needs.

What you will learn

As part of your studies, you will complete four mandatory units which will be assessed with two examinations: human span and life development; working in health and social care; meeting individual care and support needs and principles of safe practice in health and social care. There are also and 2 optional units including work experience in health and social care. This latter unit will be carried out in a relevant health and social care work placement where you will have the opportunity to be observed by an experienced trainer assessor who will help you to reflect upon your current work practice and build upon your wider care skills base.

Entry Requirements

Entry to this course requires one reference. It is desirable that you can demonstrate 90% attendance. A GCSE in English at grade 4 (C) or above is required, plus four other GCSE's at grade 4 (C) or above. All applicants over the age of 19, must hold GCSE English and maths qualifications.

How you will be assessed

Assessments are completed with a mixture of coursework and examinations. There are four internally assessed course work units in individual care and support needs, work experience for Health and Social Care, principles of safe practice and physiological disorders and their care. There will also be two externally assessed exam units for human lifespan development and working in Health and Social Care.

Course Progession

This course provides you with a number of options for further progression. Upon successful completion and achievement of this qualification you can choose a pathway that focuses on a particular occupational area of employment such as domiciliary care; care support worker; care home advocate and more. Alternatively, you can choose to either progress on to a national apprenticeship in health and social care, a further level 3 extended diploma in health and social care, or combined with level 3 qualifications already achieved apply to progress onto a higher education course.

What Happens Next

Apply online via the College website, or if your school uses the Positive Steps @16 (PS16) application system please apply through this and speak to your careers advisor if you are unsure. You will need details of your qualifications, a reference, and a personal statement to complete your application. Once your application has been successfully processed, you will be sent a conditional offer and be invited to a Welcome Event at the College to meet your tutors, learn more about your chosen course of study and tour the facilities. You will then need to confirm your acceptance of the course offered to you.

Course Details

Course Code P00149

Start Date 08/09/2025

Study Hours Full Time

Duration 1 year

Campus Abbey Park Campus

Level 3

Apply Here