

Introduction to Health, Social Care and Children Certificate level 1

Course Overview

This course is designed to help you prepare for a range of different career paths in the child and healthcare sector. It is a mix of childcare and health and social care to help you build your skills and understanding of the types of things you will be doing in either area. You will learn all the key skills of caring for children and young people; including working in nurseries and building your understanding of children from birth to seven years old. You will also look at care for the elderly, care of those with special needs and how to work with families. To help you learn these skills, you will spend time not just in the classroom but in our training nursery and two training hospital wards. You will start to gain knowledge of a range of resources that you will expect to see in the workplace before you spend time on work experience later in the year.

What you will learn

During this programme you will study a variety of topics including: 1. Service provisions 2. The principles and values of the caring profession 3. Safeguarding children and young people 4. Person-centered support 5. Development of children through play 6. Importance of engagement in leisure and social activities If you are aged 16-18, you will be enrolled in a study programme, which will include retaking GCSEs or undertaking Functional Skills in English and maths if you haven't already achieved a grade 4 or above. You will also be required to complete a work experience placement and an employability programme.

Entry Requirements

Standard entry to this course requires one reference. It is desirable that you can demonstrate 90% attendance. A GCSE in both English and maths at grade 1 or 2 or above is required. Students with ESOL qualifications will need to speak to the tutor to determine the most appropriate pathway, depending on the level of written and spoken English.

Course Fees

The materials fee of £30.00 is payable by all students regardless of financial position. Tuition fees are applicable for anyone aged 19+ and the fees are £950. If you are aged 19+ you will need to pay £40 for the Disclosure and Barring Services (DBS) check, which is a requirement in order to complete the work placement element of this course.

Course Progression

Upon completion of the course, you can progress onto level 2 in either Health and Social Care or Level 2 Childcare, provided you gain the level 2 Functional Skills qualification in English and maths (or GCSE level 3). Alternatively, you can start work in an apprenticeship role through one of our supportive employers within the industry.

What Happens Next

Apply by clicking the apply button, or if your school uses the Positive Steps @16 (PS16) application system please apply through this and speak to your careers advisor if you are unsure. You will need details of your qualifications and employment history, a reference, and a personal statement to complete your application. Once your application has been successfully processed, you will be sent a conditional offer and be invited to a Welcome Event at the College to meet your tutors, learn more about your chosen course of study and tour the facilities. You will then need to confirm your acceptance of the course offered to you.

Course Details

Course Code	P00145
Start Date	07/09/2026
Study Hours	Full Time
Duration	1 year
Campus	Abbey Park Campus
Level	1

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