

Course Overview

We are no longer accepting applications for this course for September 2025 starts. Please take a look at other courses or contact our careers team for independent advice and guidance.

 This course is for school leavers (16+) who wish to continue their learning in a college environment. The curriculum is personalised so that you can participate in a range of activities that stimulate and encourage your individual development. Our core themes for learning are based on the Preparing for Adulthood strands – Independent living, friends, relationships and community, employability and good health and from your individual outcomes on your Education and Health Care Plan. Your English and maths skills will be developed as well as your personal and social skills.

What you will learn

Learning for Living is a personalised programme that will give you the opportunity to improve your skills and confidence for living independently. The learning experiences you will experience will serve you well in the future and include things like travelling in the community, going shopping, handling and managing money and preparing food. During your first year you will be introduced to college life and develop social skills so that help you feel part of the College community. You will get the opportunity to experience the different sessions we have at Leicester College, these include gardening, arts and craft, animal care, health and fitness, enterprise, food and music and performance.

This programme is for students (16+) who have completed the first year or have already made the transition from school to another educational provider who wish to continue their learning in a college environment. Students in their second year will continue with their personalised curriculum so that they can participate in a range of activities which stimulate and encourage individual development. Our core themes for learning are based on the Preparing for Adulthood strands – Independent Living, Friends, Relationships and Community, Employability and Good Health and from your individual outcomes on your Education and Health Care Plans. Your English and maths skills will continue to be developed as well as your personal and social skills.

Entry Requirements

There are no formal entry requirements. You will need to complete an application form, even where the local authority has consulted with the college regarding meeting individual student needs. You will need to ask school to write a reference for you and come to Leicester College for an interview. During your interview, you will meet a member of our team who will give you the opportunity to talk about your future aspirations and discuss any support needs you have. You will need to attach your Education Health and Care plan (EHCP) to your application.

Course Progression

At the end of the course, you will be invited to a review where your progress and aspirations are discussed. Subject to satisfactory attendance and progress you will have the opportunity to apply to year 2 to further develop your independent living skills or a course better suited to your individual aspirations.

What Happens Next

Apply online via the College website. You will be contacted to attend an interview, then you will be sent a conditional offer according to the entry requirements for the course. You will then be invited in to enrol upon your chosen course of study. You will be invited into College to meet your tutors, learn more about your chosen course of study and tour the facilities. You will need to confirm your acceptance of the course offered to you.

Course Details

Course Code	P00104
Start Date	08/09/2026
Study Hours	Full Time
Duration	1 year
Campus	Freemen's Park Campus
Level	P

[Apply Here](#)