

## Dementia Awareness level 1

### Course Overview

During this one day course you will explore how to provide basic care for people living with dementia, including understanding what dementia is, its common signs, and symptoms and basic strategies of how to support an individual living with dementia. This course is designed to provide a basic awareness so would be helpful CPD for people in various public facing roles.

### What you will learn

The aim of this short course is to provide an introduction to the concept of dementia and providing person-centred support. The learning aims of the course are:

- i) Understanding the most common types of dementia.
- ii) Understanding what the signs and symptoms of common types of dementia are.
- iii) Understanding what good practice looks like when caring for an individual with dementia.

### Entry Requirements

You must have achieved an English qualification at entry level 3 or above. If you have any concerns regarding your literacy level, please contact us on 0116 2242125

### Course Fees

You will not be required to pay a fee for this course if you are in receipt of one of the following benefits:

- Universal Credit JSA or ESA (Employment and Support Allowance Work Related Action Group)
- Low waged income

Evidence of benefits will be required on the application. Call us on 0116 262 5921 for more information on fees.

### Course Progression

On completion of this course, your tutor will be able to provide advice and guidance on other programmes including the NHS swap. The qualification has been designed to provide an awareness of Dementia. For more detailed advice and guidance about future steps, you can make an appointment with one of our qualified career advisers who can support you in finding the most suitable career path for you and making the most of your skills and qualifications.

### What Happens Next

Apply online via the College website. You will then be invited to a pre-course information session. For applications via JCP, please let your Work Coach know. Subject to individual eligibility and type of benefit, the vast majority of courses are FREE to people in receipt of an employment-related benefit JSA, Universal Credit or ESA (Employment and Support Allowance).

### Course Details

Course Code	M00031
Start Date	20/10/2025
Study Hours	Part Time
Duration	Various
Campus	City Skills Centre
Level	1

Apply Here