

Self-harm and Suicide Awareness and Prevention Certificate level 2

Course Overview

This course will help you recognise the signs of self-harm and suicidal thoughts, understand why they happen, and learn how to respond safely and appropriately. You will explore ways to encourage individuals to seek the right support and understand your role in helping to prevent further harm. It is particularly useful for anyone with safeguarding responsibilities at work or those supporting others in their role. The course takes around 15 weeks to complete, although this will depend on the time you have available and your existing knowledge. You can study online or using paper-based materials, with everything you need provided.

What you will learn

You will complete the following 4 units. Introduction to suicide and self harm awareness
Recognising signs of suicide and self harm in individuals
Principles of suicide and self harm prevention
Support for individuals when dealing with grief after suicide
This qualification is designed to increase understanding of self-harm and suicide, helping you recognise the signs, start supportive conversations, and encourage people to seek help. By raising awareness across all areas of society, the course aims to support early intervention and help prevent further harm and suicide.

Entry Requirements

You must be over 19. You are asked to describe what you hope to achieve from the course during enrolment. This helps us to provide you with the right advice and ensure you are on the right course and at the right level. If you are not a British Citizen you may have to complete a Fee Assessment to ensure you qualify for government funding.

Course Fees

The level 2 distance learning courses are funded which is great news. If you are not a British Citizen you may need to complete a fee assessment to check funding eligibility. Please note that, upon successful completion of your course, you will receive an e-certificate by email. Printed certificates are not provided as standard. Awarding organisations have moved away from issuing physical certificates to support environmental sustainability, reduce their carbon footprint, and make it easier to obtain a replacement certificate if required. If you would like a printed certificate, this can be requested at a cost of £46, payable by the learner.

Course Progression

We have a huge choice of distance learning courses available at both levels 2 and 3. At the end of your course, your tutor may suggest a suitable option for you or you can contact the distance learning team to advise you on the courses available. We also have a careers team available via phone email or in person who can help to plan a career pathway for you.

What Happens Next

If you would like to enrol, please click on Apply Now. You will then be directed to the application form, once complete you will be emailed a link to the full enrolment page, the link will ask for an Enrolment Code, this will be your email address. If you need any help with enrolment, please contact the College and we will guide you through the process.

Course Details

Course Code	P00093
Start Date	Various
Study Hours	Part Time
Duration	16 weeks
Campus	DISTANCE
Level	2

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