

Garment Making Improvers 1

Course Overview

This non-accredited course runs from St Margaret's Campus, each Friday, 1:00pm – 3:30pm for 11 weeks starting on 13 March and finishing on 12 June 2026. This course builds upon your existing knowledge, equipping you with additional techniques. You will work on an individual project using commercial patterns or make your own patterns depending on your experience. You will be required to bring some of your own materials and sewing equipment to each session.

What you will learn

During this course, you will learn:

- Health and safety, safe working practice regulations
- Use the commercial pattern of your choice. Read and understand the language and terminology
- This term we will be focusing on adjusting the dressmaking patterns for a better fit
- Sew the garment following written and verbal instructions
- Understanding different body shapes and proportions
- Looking at pattern matching and how to use directional print fabric
- Develop knowledge of seams and hems
- Apply and use different notions such as invisible zips, different types of buttonholes, elastics and interfacings.

ALL of this will be done on small samples which you will keep in a sketch book.

Entry Requirements

This course is designed for those who have completed Introduction to Garment Making Skills and is suitable for those students who have previous sewing experience. You must be aged 19+ and be able to complete a short workbook on a weekly basis with the help of your tutor.

Course Fees

The cost of the course is £110.00. However, you will not be required to pay a fee for this course if you are in receipt of one of the following benefits:

- Universal Credit
- JSA or ESA (Employment and Support Allowance Work Related Action Group)

There will be no fees if you earn less than £25,750.

Course Progression

You can only complete this course once. On completion of this course, you may progress onto Garment Making Improvers 2 or one of the other Adult Engagement and Progression courses such as Soft Furnishings or Upholstery. Or it might inspire you to look into enrolling onto one of our full time fashion or design based programs. Your tutor will advise and discuss the various progression routes available to you. You can also access the College Careers Team to support your progression.

What Happens Next

Apply online via the College website. You will be contacted to attend an interview if required or sent a conditional offer according to the course's entry requirements. You will then be invited to enrol for your chosen course.

Course Details

Course Code	P00436
Start Date	11/09/2026
Study Hours	Part Time
Duration	13 weeks
Campus	St Margaret's Campus
Level	1

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