Leicester College

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Commercial Dance

Course Overview

6-Week Commercial Dance Classes

 Feel the beat, own the floor, and bring the energy.
 This high-energy 6-week course is designed for dancers with some experience who are ready to level up their performance in urban and commercial dance.

 Each week, you'll dive into fresh, fast-paced routines inspired by the latest music videos and global dance trends. Expect a consistent class structure that builds in complexity and pace—helping you grow in confidence, stamina, and style.

 What to expect:
 - Urban and commercial choreography
 - Weekly routines that challenge and inspire
 - A fun, supportive atmosphere with great vibes and great music
 - A boost in fitness, performance quality, and personal style

 Suitable for dancers looking for a fun and challenging hobby, aspiring full-time dance students, those already in training, local graduates and dance artists.

 Bring your energy, your passion, and your best moves. Let’s dance

What you will learn

You will learn new weekly routines covering a range of styles to include urban styles, commercial with some influences from afrobeats, dancehall and soca. Classes will follow a similar structure in each week and material will develop in complexity and pace. Expect high energy, fun and a great atmosphere.

 Classes will be led by Leicester dancer, teacher and choreographer Demi Essex within our professional dance studio at Abbey Park Campus.

 Participants must wear suitable loose clothing for classes, trainers and take water to classes.

Entry Requirements

Participants must be aged 15 years and over with some dance experience. Classes will allow for those with less confidence to work at a slower pace, whilst challenging those with more technique and experience.

Course Fees

There are no additional costs.

Course Progession

Upon completion of this short course, you can continue onto our next block of classes. You may wish to look at our L2 (P00176) and L3 (P00183) full-time dance courses on our website and take your training to the next level on a full time course. You can complement this course with a block of classes in contemporary dance (P00607).

What Happens Next

Apply online via the College website. For enrol and pay courses: Once you have decided to take the course, you need to fill in a short learner details form online and pay the course fee. Once you have done this, you will receive an electronic confirmation of enrolment and payment.

Course Details

Course Code P00606

Start Date 25/10/2027

Study Hours Part Time

Duration 6 weeks

Campus Abbey Park Campus

Level 1

Apply Here